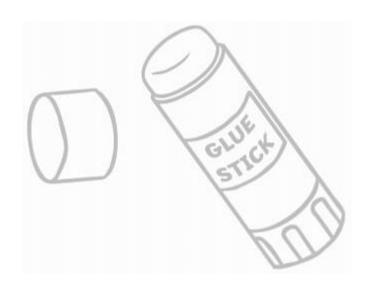


*Name*:\_\_\_\_\_

## Stick this page at the end of your exercise book



## THE LCE STUDENT'S BOOKLET

## OF CHALLENGES



## Dear LCE student,

Your mission over the next two years is to use English as much and as often as you can in all kind of different situations.

The following challenges have been developed to help you be more confident and more fluent in your use of the English language. Real-life communication in English is not stress free, but you CAN do it!

You must complete these fun challenges to encourage you to do something new and go beyond your confort zone! You can do some several times, and there is room for your own challenges (i.e. if you end up using English in a particular situation, please note it down on the *Extra Challenges* lines).

Enjoy!

1.	I identified 5 words in my own language that are the same as or borrowed from English.			
	Date(s) accomplished	Signature		
_				
2.	I identified 3 words in my own la things in English (false friends!).			
	Date(s) accomplished	Signature		
3.	I found a polyglot who speaks at he/she speaks so many language	least 5 languages and discovered why s.		
1	Date(s) accomplished I wrote down my 3 favourite wor	Signature rds in English		
4•	1 wrote down my 5 lavourite wor	do in English.		
	Date(s) accomplished	Signature		
5.	I read a comic book in English.			
6.	Date(s) accomplished I read a short story.	Signature		
7.	Date(s) accomplished I read a newspaper article.	Signature		
8.	Date(s) accomplished I read a magazine.	Signature		
9.	Date(s) accomplished I read a whole novel.	Signature		
	Date(s) accomplished	Signature		

		20. I sent an email.	
10. I listened to an audio book.			
		Date(s) accomplished	Signature
Date(s) accomplished Signature 11.I listened to an English speaking radio station for at least 10mn!		21. I switched the language of my phone or (or longer!).	tablet to English for one day
Date(s) accomplished	Signature	Date(s) accomplished	Signature
12. I presented news orally.		22. I posted a message on an online forum	or social media platform.
Date(s) accomplished	Signature	Date(s) accomplished	Signature
13. I watched TV from an English speaking coun	try.	23. I chatted with foreigners online.	
		Date(s) accomplished	Signature
Date(s) accomplished  Signature  14. I watched a movie with subtitles in my own language.		24. I met a new person who has a different first language and spoke to them in English.	
Date(s) accomplished	Signature	Date(s) accomplished	Signature
15. I watched a movie or with English subtitles.		25. I watched my favourite sport on televisi	on in English.
Date(s) accomplished	Signature	Date(s) accomplished	Signature
16. I watched a movie with NO subtitles!		26. I went to a karaoke session and sang a s	ong in English.
Date(s) accomplished	Signature	Date(s) accomplished	Signature
17. I introduced myself to a foreign person using		27. Together with a friend I wrote the words to a song.	
		,	S
Date(s) accomplished	Signature	Date(s) accomplished	Signature
18. I made a phone/video call in English.	Signature	28. I translated a song in English into my o	-
200 2 made a priorio, 12000 cari m 2mg.		20. I translated a bong in English into my o	wii iangaage.
D ( ( )	G'		
Date(s) accomplished	Signature	Date(s) accomplished	Signature
19. I sent a text message.		29. I used a recipe in English to prepare a for kitchen down/poisoning anyone!).	ood disii (withlout burning the
Date(s) accomplished	Signature		
		Date(s) accomplished	Signature

30. I wrote a recipe.		40. I kept a journal in English for one week.		
Data(a) accomplished	Cionatamo			
Date(s) accomplished 31. I completed a quiz in English.	Signature	Date(s) accomplished 41. I memorised and recited a short text	Signature (poem/song/story).	
Date(s) accomplished 32. I played a board game in English.	Signature	Date(s) accomplished 42. I wrote a shopping list.	Signature	
Date(s) accomplished	Signature			
33. I told a joke in English (and someone	-	Date(s) accomplished	Signature	
33. I tota a joke in English (and someone	raugilea .j.	43. I spent an afternoon with my friends	only speaking English:	
Date(s) accomplished	Signature		g:	
34. I wrote a message to congratulate sor	-	Date(s) accomplished	Signature	
(birthday, passing an exam etc.)	-	44. I spoke English with my friends during lunch time.		
		Date(s) accomplished	Signature	
Date(s) accomplished	Signature	45. I wrote down all my homework in En	-	
35. I sent a card (postcard from holidays,	Christmas/Valentine Card).	40. 1 Wate down an my nomework in 22.		
			g: ,	
Date(s) accomplished	Signature	Date(s) accomplished 46. I made a video (vlog, tutorial, presen	Signature tation	
36. I wrote a letter.	Signatur o	40. I made a video (viog, tutoriai, presen	tation)	
Date(s) accomplished	Signature	Date(s) accomplished 47. My extra challenge:	Signature	
37. I wrote a CV and a cover letter.	Signatur o	4/. My extra chanenge.		
,				
Date(s) accomplished	Signature	Date(s) accomplished	Signature	
38. I downloaded (and used!) a free langu	uage learning app on my	48. My extra challenge :		
phone/tablet.				
		Date(s) accomplished	Signature	
Date(s) accomplished	Signature	49. My extra challenge :		
39. When on holiday in an English speak				
ordered food/drinks and did other tasks in the language.		Date(s) accomplished	Signature	
		50. My extra challenge :		
Date(s) accomplished	Signature			
		Date(s) accomplished	Signature	